



WHAT IS IC4N?

Inclusive Cities for Nutrition IC4N is an urban food systems project based on the City-to-City cooperation between Mbeya city in Tanzania and the City of Zurich in Switzerland. The project is implemented in 36 wards of Mbeya city.

WHAT IS THE AIM OF IC4N?

Through strengthened urban food systems, IC4N aims at improving the food and nutrition security of 541,603 (Male 253,813 and Female 287,790) **vulnerable urban consumers** in Mbeya city over a period of three years (2022-2025).

HOW DO WE DO IT?

We work with different stakeholders in the city food systems, while the city council is the main implementing partner for the project. Helvetas plays a facilitative and coordination role while the City of Zurich shares technical expertise to the project. To achieve the goal; the project will facilitate strengthening of the city food and nutrition governance, create a conducive food environment and facilitate Social and Behaviour Change Communication (SBCC) interventions.



WHO ARE THE URBAN VULNERABLE CONSUMERS WE WANT TO REACH?

- ◆ Poor and disadvantaged women and men living in rural and semi-urban areas
- ◆ Women of reproductive age
- ◆ Children under five years of age
- ◆ School going children and youth
- ◆ Adolescents girls and boys
- ◆ Single parents, young parents, family heads

INTERESTED TO LEARN MORE?

CONTACT US!



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